**Breaking the Ten Commandments**

**Discover the Deeper Meaning**

**Syllabus**

**Meeting Dates and Times:** Five weeks – Thursday Evenings starting April 22nd through May 20th, 2021

**Title of Course:** Breaking the Ten Commandments, Discover the Deeper Meaning   
by Eric Butterworth

**Location:** Unity Spiritual Center of Vero Beach

Zoom Meeting: 793 7855 5444 Passcode: Ten10

**Instructor Name and Contact Info:**

Paul Esche, Licensed Unity Teacher [paulesche@gmail.com](mailto:paulesche@gmail.com)

**Cost:** Love offering.

**A. Course Description:** Butterworth encourages you to break the Ten Commandments, not through sinning, but by cutting through archaic language to unlock "hidden" meanings in biblical text. In doing so, the Commandments become more than a set of laws decreed by a divine dictator.

In the same way that Jesus emphasized the spirit of the law over the letter of the law, we can align ourselves with the deeper meaning of the Commandments. Their underlying principles can guide us in achieving metamorality--the highest level of ethical behavior, integrity, authenticity and spiritual awareness.

**B. Instructor Description:** Paul Esche has attended the Unity Institute and Seminary and is a Licensed Unity Teacher.

**C. Course Presentation:** Students will learn through instructor presentations of information and engagement in small and large group discussion, small group activities, creative projects, and writing. Homework assignments will help students ground their learning and prepare for upcoming sessions. Homework is optional, however learning is richly enhanced for everyone students do the assignments.

**D. Course Objectives**: Students will:

* Know the spirit of the law behind each of the Ten Commandments
* Take a closer look and rediscover the Ten Commandments as Butterworth reveals.
* Will learn easy-to-understand terms, the deeper meaning behind the words.
* Take a closer look at the meaning of words metaphysically and literally.
* You may want to make a new claim to live by the Ten Commandments, and live from them.
* Legendary spiritual teacher Eric Butterworth demonstrates in this classic text-- the Commandments hold keys to expanding your moral character, spiritual consciousness and loving contribution to society.

**E. Required Texts and Materials:**

Breaking the Ten Commandments, Discover the Deeper Meaning by Eric Butterworth.

This textbook may be ordered from amazon.com. ISBN 978-0-87159-339-9

**F. Course Requirements and Assignments:** Students are encouraged to attend each class session, complete the homework assignments, and engage in all class activities.

**G. Student Evaluation:** Will present survey at the last class

**H. Course Evaluation:** Students may complete an evaluation of this course upon its completion. The evaluation will assist in future course development and teaching methods.

1. **Instructor’s Commitment:** I will come to class prepared to engage the class in discussion of the topic. I will create and support a safe learning environment in which participants feel inspired to explore the topic and safely share their deepest thoughts and feelings. I will support all participants in their understanding of the material.

I will show my enthusiasm and passion for my personal spirit journey, in hopes it inspires others to find their personal journey.

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| **Week** | **Date** | **Topic and Themes**  Identifying and cracking the shell of the Decalogue. | | **Assignments for Next Class** |
| 1 | April 22nd 2021  6:30-8:30pm | Introductions and Overview   * Forming a learning community * Book discussion summarizing & finding value in the 1st Commandment * Activity: Mind Map * Guided Meditation/Closing | | Read Introduction:  Pg 5-13 and 1st Commandment: Pg 15-28  -----------------  For next week Commandments 2 & 3 Pgs. 29-55 |
| 2 | April 29th 2021  6:30-8:30pm | Opening and check-in   * Book discussion summarizing & finding value in the 2nd & 3rd Commandment * Activity: Brainstorming * Guided Meditation/Closing | | To prepare for the next class please read:  Commandment 4 - 5  Pgs. 56-84 |
| 3 | May 6th, 2021 6:30-8:30pm | Opening and check-in   * Book discussion summarizing & finding value in the 4th & 5th Commandment * Activity: Matching Cards * Guided Meditation/Closing | To prepare for the next class please read:  Commandments 6-7-8  Pgs. 85-123 | | |
| 4 | May 13th, 2021  6:30-8:30pm | Opening and check-in   * Book discussion summarizing & finding value in the 6th-7th\_ 8th Commandment * 10-minute Video * Activity: Brainstorming * Guided Meditation/Closing | To prepare for the next class please read:  Commandments 9 & 10  Pgs. 124- | | |
| 5 | May 20th, 2021  6:30-8:30pm | Opening and check-in   * Book discussion summarizing & finding value in the 9th & 10th Commandment * Activity: Concentric Circles * Guided Meditation/Closing | In class: Course | | |